

UMRAH KI FAZEELATH

وَأْتِمُوا الْحَجَّ وَالْعُمْرَةَ لِلَّهِ

“AUR TUM HAJJ AUR UMRAH KARO ALLAH KE LIYE”

Quran ki is ayat mein Allah Rabbul izzat ne Hajj aur Umrah karne ka hukm diya hai.

• Hazrat Abu Huraira (Rz) Sey riwayat hai ki **Rasool Allah Sallallahu Alaihi Wasallam** ne farmaya "Jo shakhs Allah ki khushnoodi ke liye Hajj kare aur (usnaye Hajj) fahash goi se bache aur na farmani na kare toh wo gunahaun se aisa paak ho kar loute ga, us din paak tha jab is ki maa ne jana tha" (Buqari / Muslim)

• Rasool Allah Sallallahu Alaihi Wasallam ne farmaya ki Hajj Mabruur ka badla sivaaye Jannat ke kuch nahi hai (Buqari Shareef).

• Ummeh Salma (Rz) ki riwayat karda ek Hadees mein hai ke "Hajj aur Umrah ki kasrath faqr ko rokta hai"

UMRAH KA TAREEQA

اللَّهُمَّ إِنِّي أُرِيدُ الْعُمْرَةَ فَيَسِّرْهَا لِي وَتَقَبَّلْهَا مِنِّي

TARJUMA : Aye Allah mein ne iradah kiya Umrah ka is ko mere liye aasan kardey aur qubool kar ley mujh se aur iskey ada karne mein meri madad farma.

IHRAM KI TAYYARI : Sar ke baal, hajamath banvayen, muncheay, zer-e-naaf aur baghal ke baal saaf karein.

GHUSL: Ihram ki niyat se ghusl karein warna wazu karein

**MOULANA MOHAMMED SHAREEF
AHMED MAZAHIRI QASMI**

IDARA-E-ANWARUL MADARIS TRUST, Hyd.

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MARD KA IHRAM : Ek safeid chadar bandhe doosri odhein aur jutey utar kar hawai chappal pahene, Sila huwa koi kapda masalan underwear, baniyan waghaira na pehne.

AURAT KA IHRAAM : Aurat ka Ihram sirf iska chehra khula rakhna hai Aurat apne siley huvey kapadoun mein rahegi Mouze, dastane aur zevaraati bhi pahen sakti hai. parda bhi zaroori hai. lehaza sar par cap numa naqaab daaley (aaj kal aise naqaab bazar mein dastiyab hai) Jiss se parda bhi hojaye aur chehra bhi khula rahey, khaas taur par tawaaf mein is ka khiyaal rakhein ke sar ke baal aur kaan chupey rahey aur kurte ki aastin kalai tak ho, Aurat agar naapaki ki halat mein ho tho esi haalat mein ihram bandhe aur sirf ihram ki niyyat karein aur do rakat namaz ihram ki na padhe phir Makkah phaunchne ke baad jab tak pak na ho jaaye Masjid-e-Haram mein na jaaye jab pak ho jaye to ghusl kar ke masjid mein jaye, tawaf wo sayee karein.

IHRAAM KI PABANDIYAN : Nikah karna, jinsi taaluq ya Jinsi batein, shauhar biwi ka aapas mein bos wo kinar karna, phoolon ka haar pehenna, ladai jhagda, shikar ya iss mein koi taun, juvein marna ya dhoop mein dalna, khizab lagana, khushboo lagana, nakhun, baal katna, ya katarwana, Mardoun ko sar, Mard wo Khawateein donou ko chehra dhankna, khusbhoodaar sabun istemaal karna, malmal kar nahaana, gali galoj karna aur siley hovey kapde pehenna, dastane aur moze aur aisa juta chappal jiss se qadam ke beech ki haddi chup jaey mardon ke liye mamnu hain.

NAFIL NAMAZ : Mard sar dhank kar do rakat Nafil Namaz ada karein Aurat apne andaz se do rakat Nafil Namaz ada karle.

MASHWARA : Hawai Jahaaz se jaane ki surat mein niyyat talbiya ke siva baqi kaam ghar ya airport par karein jab hawai jahaz fiza mein buland hojaye is waqt niyyat aur talbiya padhein. Ya Miqaat Se pehle Saudi Airlines mein elaan hota

hai is waqt bhi padh sakte hain.

Niyat Talbiya Kay Siva Baqi Kaam Ghar Ya Airport Par Karein aur jab hawai jahaz Fiza Mein Buland Hojaye is waqt Niyat aur talbiya Padhein, Ya miqaat Sey Pehlay Saudi Airlines Mein Elaan hota hai is Waqt bhi Padh Saktay hain.

TALBIYA: Niyat Karte hi teen baar Labbaik kahein

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ،
إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ،

TARJUMA: Hazir hoon Ya Allah mein hazir hoon, tera koi shareek nahi, mein hazir hoon, bey shak tamaam tareefein aur neimatein tere liye hain, aur mulk bhi tera. Koi shareek nahi.

DUAA: Is ke baad Darood-e-Shareef padh kar yeh mangey ki, Aye Allah mein aap ki raza aur Jannat mangta hoon aur aap ki narazgi aur dozaqh se panaah chahta hoon aur is mouqay par Sarkar-e-Do Alam Sallallahu Alaihi Wasallam ne jo duain mangi ya batlai hai wo bhi mangta hoo, woh sab meri taraf se qubool karlijiye.

KABATULLAH PAR PAHLI NAZAR : Jab Haram Shareef mein dakhil ho to dua padhe aur etekaaf ki niyyat karlein, neez kisi eksoui ki jagah khadey ho kar jo bhi duwa Allah se karein, Allah Taala qubool farmayeinge, behtar yeh hai ke yeh dua karein Ya Elahi mujhe mustajabud daawat banadey aur Ambiya wo Rusl, Auliya wo Ulema ki mangi huvi sab duwain mangta hoon / mangti hoon waghaira.

TAWAAF KI TAYYARI : Tawaf ba wazu zaroori hai, Mard Hazraat Chadar ko dahini baghal se nikaal kar baein kandhey par daley aur daahine kandha khula rahney dein, iss ko iztebaa kehtey hain.

TAWAAF KI NIYYAT: Ab Khana-e-Kaaba ke samane jiss taraf Hajre Aswad hai is taraf khada ho ke poora hajre aswad aap ki dahini taraf rah jaye phir baghair haath uthaye tawaaf ki niyat karein.

اللَّهُمَّ إِنِّي أُرِيدُ طَوَافَ بَيْتِكَ الْحَرَامِ سَبْعَةَ
أَشْوَابٍ لِلَّهِ تَعَالَى عَزَّ وَجَلَّ فَيَسِّرْهُ لِي وَتَقَبَّلْهُ مِنِّي

TARJUMA: Aye Allah mein tere mohtaram ghar ke tawaaf ke saath chakkar karne ka irada karta hoon aap isse mere liye aasaan farmadijiye aur qubool farmalijiye aur iss mein meri madad farmaye.

Phir qibla ruqkh, dahyein taraf khisak kar bilkul Hajre Aswad ke samne ajaen aur dono haath apne kanou tak uthayein aur hatheliyoun ka ruqh Hajre Aswad ki taraf karein aur kahein

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ وَاللَّهُ الْحَمْدُ
وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ

aur dono haath chod dein.

ISTELAAM: Phir Istelaam karein ya istelaam ka ishara karein aur yeh padhein

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ وَاللَّهُ الْحَمْدُ وَالصَّلَاةُ
وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ

Aur dono haath ki hatheliyoun ko choom lein

TAWAAF KE LIYE ZAROORI HAI (1) Paak wo ba wazu hona (2) Satar ka dhanka huva hona (3) Izteba (Yani Seedhi baghal se lhraam ki chadar nikal kar baein kandhein par dalna) ke saath Hijrey Aswad ke kone se shuru karna (4)

dalna) ke saath Hijrey Aswad ke kone se shuru karna (4) Daahni Janib se shuru karna (5) Hateem kay baher sey karna (6) Saath chakkar poore karna, aur pehle teen chakaraun mein ramal (Akad kar pehalwanou ki chal chalna) khud karna (paidal karna, agar uzar na ho) (8) Dogana Tawaaf (Do rakat namaz) Muqaam-e-Ibrahim par ada karna.

MAKRUHAATH WO MUNKIRAT-E-TAWAAF : Naapaak kapadoun mein tawaaf karna (2) Hajrey Aswad Ke bil muqabil aaye baghair haath uthana (3) Tawaaf ki niyat ke baad dono haath bila takbeer uthana (4) Hajrey Aswad par pahunchne ki koshish mein dhakka dena (5) Apne daahni taraf mudne se pehley hi isteqbal-e-Hajrey Aswad ki halath mein tawaaf shuru karden.

HAALATH-E-IHRAM MEIN IHTERAZ KI CHEEZEIN :

فَلَا رَفَثَ وَلَا فُسُوقَ وَلَا جِدَالَ

- Ihram ki chadar par qushboo na maleiin • Na fahash goi ho aur na hukm adoli ho aur na jahgda ho, na eza rasani ho.
- Douraan-e-tawaaf dhakke na, lagaen Hajrey Aswad ka bosc ki khawahish mein asdahaam ki surat mein ghair mahram se jism ke mas ho jane ka aur ek doosre par sabqat ley jane ki fikr mein Hajjiyoun ki takleef ka shadeed ehtemaal rahta hai. Lehaza istelaam par iktefa karein eazae muslim, haraam hai. • Dauran-e-tawaaf hateem ke andar se na guzerein warna tawaaf na hoga. • Dauran-e-Tawaaf sivaye Hajre Aswad Ke muhazi, seena kaaba ki taraf na karein, kaaba choone ki koshish na karein, aada tircha, na chalein warna seena kaaba ki taraf ho jane ka ehtemal rehta hai. • Nafli tawaaf aur nafil umrah ki kasrath se khwatein parhez karein, jab ke hujoom badh jaaye. Namaaz ba Jamaat mein khawatein mardaun ki safoun se aagey khade na houn aur

khawatein mardaun ki safoun se aagey khade na houn aur na daein baein khade ho balkey sab se peeche ya khawatein ki namaz padhne ki jagah par khadey houn aur is maamley mein khawateen khaas ehteyaath bartein • 9, Zillhajja ko Waqoff-e-Arfaat mein qabl-e-ghuroob hudood-e-Arfaat Se bahir na houn. • Rammi jamrat mein saath kankriya ek saath na marein warna ek kankri shumaar hogi, Jamraat par chappal aur jootey na phenke Aam taur parJuhlaa aisi naadani karte hai (Halankein)

HANSI AATI HAI MUJHE HAZRAT-E-INSAAN PAR KAAR-E-BAD TO KHUD KAREIN LAANAT KAREIN SHAITAN PAR

HALAAT IHRAAM MEIN JAAIZ UMOOR: Mohrrim ka chahe Mardoun ya aurat baghair sabun ke ghusl karna (2) Ihram ka dhona ya badalna (3) Jissm khujana ke mael na nikle(4) Ghadi ya belt bandhna (5) Aurat ka zevar dastane paitabe pehanna (6)Zarorat Ke waqt baghair khusbodaar sabun ka istemal (7) Aaina dekhna (8) Miswak karna (9) Baghair khushboo wala surma lagaana (10)Injection lena (11) Daant ukhadna (12) Sar aur chehra ko chodh kar saare badan ko bashumool kaan, gardan aur pairon ko chaadar waghaira se dhankna jaiz hai Baghair elaichi, baghair Laung, baghair tambaku ke paan khana jaiz hai.

TAWAAF SHURU KAREIN : Istelaam ke baad daein, taraf mud kar tawaf shuru karein

★ **اللَّهُمَّ إِيْمَانِيكَ وَتَصْدِيْقاً بِكِتَابِكَ وَوَفَاءً بِعَهْدِكَ
وَإِتِّبَاعاً لِسُنَّةِ نَبِيِّكَ مُحَمَّدٍ صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ**
★ **سُبْحَانَ اللهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللهُ وَاللهُ أَكْبَرُ
وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ ط**

★ اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ أُشْرِكَ بِكَ شَيْئًا وَأَنَا أَعْلَمُ بِهِ
وَأَسْتَغْفِرُكَ لِمَا لَا أَعْلَمُ بِهِ تُبْتُ عَنْهُ وَتَبَّرْتُ مِنَ الْكُفْرِ
وَالشَّرِكِ وَالْكَذِبِ وَالْغَيْبَةِ وَالْبِدْعَةِ وَالنَّبِيْمَةِ
وَالْفَوَاحِشِ وَالْبُهْتَانِ وَالْمَعَاصِي كُلِّهَا وَأَسْلَمْتُ وَأَقُولُ
لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدٌ رَسُوْلُ اللَّهِ

★ اللَّهُمَّ إِنِّي أَسْأَلُكَ إِيْمَانًا كَامِلًا وَيَقِيْنًا صَادِقًا وَرِزْقًا
وَاسِعًا وَقَلْبًا خَاشِعًا وَلِسَانًا ذَاكِرًا وَرِزْقًا حَلَالًا طَيِّبًا
وَتَوْبَةً قَبْلَ الْمَوْتِ وَرَاحَةً عِنْدَ الْمَوْتِ وَمَغْفِرَةً وَرَحْمَةً بَعْدَ
الْمَوْتِ وَالْعَفْوَ عِنْدَ الْحِسَابِ وَالْفَوْزَ بِالْجَنَّةِ وَالنَّجَاةَ مِنَ
النَّارِ بِرَحْمَتِكَ يَا عَزِيْزُ يَا غَفَّارُ رَبِّ زِدْنِي عِلْمًا وَالْحَقْنِي
بِالصَّالِحِيْنَ

• Agar yeh duwain aap na padh sakein to kam az kam zail mein darj kalimat ka vird kartein rahein.

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ ۝ سُبْحَانَ اللَّهِ الْعَظِيمِ ۝

• Har chakkar ke khatam se pahle yeh duwa Zaroor Padhein.

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ
النَّارِ ۝ وَأَدْخِلْنَا الْجَنَّةَ مَعَ الْأَبْرَارِ يَا عَزِيْزُ يَا غَفَّارُ يَا رَبَّ الْعَالَمِيْنَ ۝

HIDAYAAT : Hajray Aswad Rukn-e-Yamani aur Multazim par, aksar Khushboo lagi hoti hai, is liye halath ihram mein in

ko haath na lagain, Zara door hi rahein, warna dam waghaira ka khatra rehtha hai.

TAKEED : Hijra-e-Aswad ke Istelam ya Ishare ke siva Douran-e-Tawaaf Khana Kaaba ki taraf seena ya pusht karna jaiz nahi hai, is ka khusosi khayal rakhein.

RAMAL : Akad kar shane hilaathe huvey khareeb qadam rakh kar qadrr-e-tezi se chale aur sirf pehle teen chakkaroun mein istarah chale baaqi chakroun mein hasb-e-maamool chale.

TAWAAF KHATAM : Saat Chakkar purey honey par, aathvin baar hajra-e-aswad ka istelam ya is ka ishara karke tawaaf khatam kare.

IZTEBAAH MAUQUFF: Saath chakkar mukammil hone ke baad ab donou kandhe dhaank lein.

WAAJIB-UL-TAWAAF : Ab Harram mein kisi bhi jagah do rakaat wajib-ul-tawaaf adaa karein. Mouqkha ho to Muqam-e-Ibrahim ke paas warna tawaaf karne walau ka rasta na rokey

ZAMZAM PEENA: Qhoob Zam Zam peyein aur mann chaahi duwa karein ye duwa padhna behtar hai

بِسْمِ اللَّهِ اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا وَرِزْقًا وَاسِعًا وَشِفَاءً مِنْ كُلِّ دَاءٍ

Allah ke naam se khudha ya mujhe mufeed ilm, faraq rozi aur har bimari se shifa ataa farma.

SAEE: Sae ke liye Hajrey Aswad ka navan istelaam ya ishara karein aur safa ki taraf ravana ho jayen. Sae ba wazu sunnat hai. Sae kay liye Niyat bhi zaroori hai.

اللَّهُمَّ إِنِّي أُرِيدُ السَّعْيَ بَيْنَ الصَّفَا وَالْمَرْوَةِ سَبْعَةَ
أَشْوَاطٍ لِلَّهِ تَعَالَى عَزَّ وَجَلَّ فَيَسِّرْهُ لِي وَتَقَبَّلْهُ مِنِّي

Aye Allah mein aap ki raza ke liye Safa aur Marwa ke darmiyaan saee karta hoon is ko mere liye aasaan kardijye aur qubool farmalijye aur hamd wo sana ke baad duwa

SAEE KA TARIQA : Jaise tawaaf shuru karte waqt Hajrey Aswad ko bosa diya tha issi tarah bosa dey kar Safa Pahadi par aaye yeh bosa dena Sunnat hai. Aur Baitullah ki taraf ruqh karke duwa karein, iss ke baad marwa ki taraf chalein

MARWA KI TARAF RAVANGI: Safa se utar kar Marwa ki taraf chalein, jab hari light shuru hotey hi mard hazraath daudein ya teez chaley, aagey chal kar phir hari light nazar aayegi yahan teez chalana bandh kardein.(Aurtein apni raftar se chalein aur ye duwa karein)

رَبِّ اغْفِرْ وَارْحَمْ أَنْتَ الْأَعَزُّ الْأَكْرَمُ

Aye rab mujhey baqsh dijiye! aur raham farmaiy bey shak aap buzurgi aur karam waley hain

MARWA PAR PHAUNCH KAR: Phir Marwa par phaunch kar qibla ruqh ho Kar duaa karein, yeh ek chakkar huva, doosra saffa par aur teesra chakkar marwa par mukamil hoga. Saffa aur Marwa ke darmiyan chouthey kalima ka vird rakhein.

SAEE KA EQTETAAM: iss tarah saatwan chakkar Marwa par Khatam hoga. Har chakkar mein mard hazrath sabz (Haray)sutunaou ke darmiyaan daudengey lekin khawateen nahi daudeynges.

HALAQ YA QASR: Sae ke baad mard sar ke baal mundwayen ya kam karwayen aur aurtein saare sar ke baal ungli ki ek purey ki lambai se kuch ziyada katrein aur yeh yaqeen hasil karein ke kam az kam chauthai sar ke baal katar chukein hain.

UMRAH KE CHARAHAM KAAM (2 Farz aur 2 Wajib)

- | | |
|---------------------------------------|-------|
| 1) Niyyat aur talbiya ke saath ihraam | Farz |
| 2) Ramal aur iztebaa ke saath tawaaf | Farz |
| 3) Safa aur marwa ke darmiyan saee | Wajib |
| 4) Sar Mundwana ya katarwana | Wajib |

UMRAH MUKAMMIL : Halq ya qasr ke baad Umrah mukammil hogaya ab ihraam ki sab pabandiyan khatam hogai, ab naha dho kar kapde badal lein aur ghar baar ki tarah rahein Dil wo jaan se Allah ka shukr ada karein, ke ussne Umrah ki sadath baqshi.

Md. Faisal Younus

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